

Sunday, January 8, 2023: 10:00 AM

Gathering: Stillness, Artistic & Ritual Practices

Prelude *Love Will Be Our Home* Sanghee Kim, piano
S.C. Chapman

Land Acknowledgement & Welcome June Mallon,
Small Group Ministry Facilitator

Opening Words The Rev. Dr. Cynthia Landrum

Chalice Lighting *Before the World Told Us* by Scott Tayler
Who It Wanted Us to Be

Introduction to Practices The Rev. Dr. Cynthia Landrum

*** Stillness/Ritual Practice: Singing Bowls**
FPC Choir, Mario Aranda

* Covenant Love is the spirit of this church, and service its law. This is our great covenant: To dwell together in peace, to seek the truth in love, and to help one another.	* Affirmation From all that dwell below the skies let words of love and peace arise. Let joyful songs of praise be sung. through every land, by every tongue.
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Generative & Creative Practices

Introduction to Practices The Rev. Dr. Cynthia Landrum

Generative Practice: Contemplative Reading

Creative Practice: Art Practices

***Generative Practice: Hymn # 1031**
Filled with Loving Kindness

Relational & Movement Practices

Introduction to Practices The Rev. Dr. Cynthia Landrum

Relational Practice: Joys and Sorrows Marcia Rising, Lay Minister

Stillness Practice: Moment of Silence The Rev. Dr. Cynthia Landrum

Movement Practice: Movement Prayer Marissa Evans, Acting
Director of Religious Education

Introduction to Plate Sharing Roy Miller,
Supporting Asylum Seekers Task Force

Sharing Our Gifts
This month we share our weekly offering with Acton and Stow Area
Interfaith Partnership to Support Afghan Refugees (ASAIPSAI).
Checks may be made to “First Parish Church” or donate online at
<https://fpc-stow-acton.org/donate> or by text to (978) 310-3309.

Artistic Practice: Anthem *Walk with Me* FPC Adult Choir
arr. Zebulon Highben

Activist Practices

Introduction to Practices The Dr. Rev. Cynthia L. Landrum

Activist Practice *Let the Children* by Monica Clark Robinson
March Marissa Evans, Acting
Director of Religious Education

Relational/Activist Practice: Storytelling & Bearing Witness

*** Hymn #1001** *Breaths*

Returning: Stillness, Artistic & Ritual Practices

*** Stillness/Ritual Practice: Singing Bowls**
FPC Choir, Mario Aranda

* Rise in Body and Spirit

* Rise in Body and Spirit

Closing Words

*To Make Ready for
the Coming Day*

by Bill Hamilton-Holway
The Rev. Dr. C. Landrum

*** Closing Song**

Keep on Movin' Forward

Pat Humphries
Emma's Revolution

Postlude

Lobe den Herren
M. Drischner

Sanghee Kim, piano



Thank you to:
Sharon Brownfield, Zoom Host
Nancy Cataldo and Judy Holmes, Ushers
Deb O'Connell, Tech Helper
Mark & Troy Koenig, Coffee Hour Hosts
and to our staff and leadership



Land Acknowledgement
We would like to acknowledge that this service is being held by a community that gathers on the stolen traditional lands of the Massachusett, Nipmuc, Pawtucket, and Wampanoag People. We pay respect to those Indigenous Peoples who lost their lives in the colonization of this land and recognize that these Indigenous tribes are still today facing violations of sovereignty, territory, and water. We also give thanks for the Earth we walk upon, the waters, the lifegiving plants, and all the Earth's creatures, as well as the winds, sun, moon, and stars. We recognize this is just a first step in moving toward right relationship with Native peoples and healing of the Earth.

Connect with First Parish Church
Sign our visitor's log at [tinyurl.com/visitfpc](https://www.fpc-stow-acton.org/visitfpc)
Services Sunday at 10 am, in person and online
Subscribe to
The Chronicle, our monthly emailed newsletter,
This Week at FPC, our weekly Friday email,
and our email groups FPC Announce and FPC Forum, all at <https://www.fpc-stow-acton.org/subscribe-newsletters>



**FIRST PARISH
CHURCH
OF STOW &
ACTON**

Unitarian Universalist



Sunday, January 8, 2023

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| The Rev. Dr. Cynthia L. Landrum,
Minister | Sanghee Kim.... Organist/Pianist |
| Marissa Evans, Acting Director of
Religious Education | Mike Silkonis..... Sexton |
| Meg Rivers-Wright,
Administration & Membership | Ben Child..... Tech Assistant |
| Brad Dumont, Music Director | Janet Beatrice...External Publicity |
| | Sharon Brownfield..... President |
| | Jenni Edgerton..... Vice President |
| | Bill Froberg..... Treasurer |
| | Johanna Pyle..... Clerk |

*First Parish is a Unitarian Universalist Association Welcoming Congregation.
We warmly welcome gay, lesbian, bisexual, and transgender
people into our community.*

To help everyone be a part of worship in the fullest way possible, the ushers can provide large print orders of service and hymnals or, for people who need to step out during the service for any reason, an assisted listening device (portable radio) which works throughout the building.

On the web at [fpc-stow-acton.org](https://www.fpc-stow-acton.org) and on Facebook.

ONLINE SUPPLEMENT PAGE

This page contains information specifically for folks joining us online!

FPC now has a closed captioning option in online services. If the Closed Captioning option is not turned on, you can use the button at the bottom of your screen to request that the host turn it on.



Today’s Zoom Host:

Hymn Lyrics

Hymn #1031 *Filled with Loving Kindness*

1.

Hymn #1001 *Breaths*

1.

Sharing Our Gifts

If you are mailing a pledge or a donation, here is the information:

Pledges: attn: Pledge Secretary, PO Box 215, Stow MA 01775

Donations: attn: Treasurer, 353 Great Rd, Stow MA 01775

Announcements begin on next page

Plate Sharing This Month: Acton and Stow Area Interfaith Partnership to Support Afghan Refugees (ASAIPSAR)

This Partnership was created last year when the FPC’s Asylum Seekers Task Force learned of a group of churches organizing to help Afghans being evacuated en-mass. We joined the group to form the ASAIPSAR. We’ve since provided food and made deliveries to newly arrived Afghan families, created an ongoing food pantry in Lowell, and aligned with the IINE (International Institute of New England) to support a family of six in Lowell and another in Maynard. We’re looking for ways to sustain this Interfaith effort and investigating how to help people in Haiti.

This Week in Religious Education

Join us on Sunday January 15th for the start of a new RE trimester.

Religious Education Cottage Meetings

We want to hear from you about our programming for children, youth, and families! These hour-long Cottage meetings will pose discussion questions to generate reflection and visioning (*e.g. What do you value most about the church and the RE program? What elements of worship and RE classes do you think your children would be most excited to participate in? What would enhance the life and vitality of our RE programs?*) Sign up now to join a meeting: <https://bit.ly/recottage>

There will also be an accompanying online survey for participating parents, caregivers, grandparents, RE volunteers, and any community members who wish to participate. Please pass this on to any young adults who have graduated from the RE program - we have a special virtual cottage meeting for youth and young adults! Participants will be entered into a raffle for \$25 gift cards when they sign up.

FPC Announcements: Sunday, January 8, 2023

Today at FPC

- 9 am Open Choir. Childcare provided.
- 10 am Intergenerational Service. Sanctuary/Online
- 11 am Coffee Hour, Fellowship Hall
- 12 pm Spiritual Conversations Through Poetry, Parlor/Online

Clothing and Supply Drive for CityReach

Sunday, January 15, 11:15am - Noon, Fellowship Hall
This March, our Senior Youth will participate in the overnight CityReach program. CityReach gives youth and adults a chance to learn about homelessness from people who have experienced it. Youth learn from unhoused mentors and offer hospitality (including food and clothing) to guests. This drive is an opportunity to donate clean, seasonally appropriate clothing and supplies to CityReach. Please review the information below before selecting your donations.

CityReach ACCEPTS		WON'T ACCEPT
Practical, unisex clothing in Large sizes (XL, XXL, XXXL) for layering NEW CLOTHING: - women’s and men’s underwear & bras in all sizes and styles (color pref. over white) - white socks USED CLOTHING: - Warm coats - Sweatshirts (esp. hooded) - Sweatpants - Sweaters - T-shirts - Long-sleeve shirts - Jeans, khakis, casual pant - Belts	USED CLOTHING: - Waterproof boots, comfortable shoes, sneakers - Hats, waterproof gloves, scarves - All kinds of carrying cases: backpacks, tote bags, fanny packs, small suitcases with wheels - Travel-size toiletries such as soap, shampoo, deodorant, lotion, Chapstick, toothpaste, shaving cream - Toothbrushes, disposable razors, tampons - Sleeping bags & blankets (clean and in good condition)	- out-of-season clothing - children’s clothes - dress clothes - slippers - bathrobes - pajamas - aftershave or mouthwash containing alcohol

This Week at FPC: January 9 -14

- Mon 1/9** Jazz Band Rehearsal, 7 pm, Sanctuary
- Tue 1/10** Coffee and Chat* 10-11 am, Town Gazebo
Town Park, adjacent to FPC. Bring your own coffee!
Racial Justice Task Force, 7 pm, Online
Climate Task Force, 7:30 pm, Online
- Wed 1/11** Meditation* 7:30-8:30 pm, Hall/Online
Contact meditation@fpc-stow-acton.org for more info.
- Thu 1/12** Peace Vigil* 5-6 pm, in front of FPC, btwn Common & Great Rds
Contact Neil Saunders neilsaund@verizon.net for more info.
Choir Rehearsal, 7:15-9 pm, Sanctuary
- Fri 1/13** Bridge Group* 1-3:30 pm, Community Room
Contact Hector Hconstantzos@gmail.com for more info.

* All are welcome to [these weekly FPC events](#)!

Next Sunday's Service in the Sanctuary or online

“Learning from Mistakes and Miracles” – Rev. Dr. Cynthia L. Landrum.

This service will draw from this year's UUA Common Read Book, *Mistakes and Miracles: Congregations on the Road to Multiculturalism* by Nancy Palmer Jones and Karen Lin, as we celebrate Martin Luther King, Jr. weekend. See our announcements for information on the clothing drive we'll be holding for City Reach this Sunday.



Join Worship by Video: <https://tinyurl.com/2223fpc>
Meeting ID: 9990 7077 00266 Passcode: 01775
Join Worship by Phone: (929) 205-6099 (toll call)



Additional Announcements Live links in *This Week at FPC* Friday email

Spiritual Conversations Through Poetry Jan 8 & 22. Noon. Online.

11th Hour for Climate Change Wed Jan 11, 11 am. Churches and communities across the Commonwealth are ringing bells for 11 minutes to signify the climate crisis we face. Meet us in front of the church.

FPC Guest Table Fri Jan 13, Fellowship Hall 5:30 pm. Doors open at 5. All are welcome – no charge.

Saturday Morning Breakfast Sat Jan 14, Fellowship Hall. 7:30 am
Coffee, 8 am breakfast. \$6. Mike Block discusses “A Year Sailing the East Coast of the USA.” RSVP Jeff Brown, jab.jeffbrown@gmail.com

Acton Chorus Concert: Snow Angel Sat. Jan 14, Fellowship Hall. 7:30 pm. Tickets at www.actoncommunitychorus.org/events

Small Group Ministry (SGM) Registration is OPEN for 2023

Looking for more social connection? Try SGM to get to know yourself and a small group of 8-10 people more closely. New groups form each year and meet once a month for 2 hours starting in February. Discussions, led by a trained facilitator, have included topics such as Living Simply, This Body, and The Gift of Time. It's a great way to have someone to chat with at any church event, such as coffee hour. Current SGM group members, please re-enroll for 2023. You can request the same group or get to know a new set of friends. Feel free to invite a friend to join a group with you.

Registration: <https://fpc-stow-acton.org> by January 15 Questions or to help us better understand your needs: SGM coffee hour table or Karen Kinnear, SGM facilitator, sgm@fpc-stow-acton.org

RJTF Tour of Jackson Homestead in Newton Sun Jan 15. Carpool after service. Learn more about the homestead's ties to the underground railroad. Open to everyone in the community. RSVP junebmcknight@yahoo.com.

Refresh, Renew, Revitalize: Vespers Service Thu Jan 26, 6pm Comm Rm